

According to your region, please submit the completed form to:

**Quebec**  
PO Box 790, Station B  
Montréal, Quebec H3B 3K6  
Fax: 1-877-799-6691  
disabilitylife@inalco.com

**All Other Provinces**  
522 University Avenue, Suite 400  
Toronto, Ontario M5G 1Y7  
Fax: 1-877-781-1583  
disabilityclaims@inalco.com

**Type of claim:** Short-Term Disability  Long-Term Disability  Waiver of Premium

**POLICYHOLDER'S STATEMENT**  
TO EXPEDITE PROCESSING, PLEASE ANSWER ALL QUESTIONS. PLEASE PRINT.

**1. COVERAGE INFORMATION**

Plan Member's Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postal Code | | | | | | | |

Home phone # | | | | | | | | | | Cell phone # | | | | | | | | | |

Date of Birth | | | | | Y | | | | | M | | | | | D

Policy # | | | | | | Certificate # | | | | | | | | | | Class # | | | | | Division # | | | | | (If applicable)

Plan Member's Effective Date of Insurance with Industrial Alliance | | | | | Y | | | | | M | | | | | D

Original Effective Date of Insurance | | | | | Y | | | | | M | | | | | D Date of Hire | | | | | Y | | | | | M | | | | | D

**2. WORK SCHEDULE AND EARNINGS INFORMATION**

Number of hours worked in a normal week: \_\_\_\_\_

If an irregular schedule, indicate the number of hours worked for each day:

Monday \_\_\_\_\_ Tuesday \_\_\_\_\_ Wednesday \_\_\_\_\_ Thursday \_\_\_\_\_ Friday \_\_\_\_\_ Saturday \_\_\_\_\_ Sunday \_\_\_\_\_

Gross salary prior to date of disability: \$ \_\_\_\_\_ Paid Monthly  Biweekly  Weekly

Tax credits: Federal (TD1) \_\_\_\_\_ Provincial (TPD1) \_\_\_\_\_

Other, please specify \_\_\_\_\_

During the period of disability, has or will the Plan Member receive:

Statutory holiday pay  Vacation pay  Pay for sick days  Other  \_\_\_\_\_

Amount \$ \_\_\_\_\_ Period from \_\_\_\_\_ to \_\_\_\_\_

Are you able to accommodate: A gradual return to work  Modified duties

**3. EMPLOYMENT INFORMATION**

Last Day Worked | | Y | | | M | | | D | | | | Date Returned to Work (if applicable) | | Y | | | M | | | D | | | |

Accident at Work Yes  No

Was an accident report filed with WSIB, CSST, Worksafe BC etc? Yes  No  Date filed | | Y | | | M | | | D | | | |

On the date the disability commenced was the employee: On vacation  Laid off  On paid leave  On unpaid leave

On disciplinary suspension with pay  On disciplinary suspension without pay  Other  \_\_\_\_\_

If returned to work please specify: Full time  Part time  Regular Duties  Modified duties

On the date the Plan Member last worked, what was the member's:

Occupation \_\_\_\_\_ Please attach a job description if available \_\_\_\_\_

How long has the member worked in this position? Number of years \_\_\_\_\_ Number of months \_\_\_\_\_

If the Plan Member changed jobs or assignments during the 12 months immediately before the last day worked, describe the previous position and provide the reason(s) for the change in job.

\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

Please provide any other comments relevant to this claim: \_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

**4. WORK DEMANDS INFORMATION**

**Please complete or attach a Physical Demands Analysis (PDA)**

During the Plan Member's normal routine, what percentage of time is he or she required to lift or carry:

	Never	1-25%	26-50%	51-75%	76-100%
More than 10lbs/4.5 kg	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
More than 20lbs/9.1 kg	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
More than 50lbs/22.7kg	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

During the Plan Member's normal routine, what percentage of time does the job involve the following activities:

	Never	1-25%	26-50%	51-75%	76-100%
Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climbing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaching above shoulder height	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaching at shoulder height	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaching below shoulder height	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bending or crouching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kneeling or crawling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How long is the Plan Member required to remain continuously engaged in the following activities without break:

	0-30 minutes	31-60 minutes	61-90 minutes	more than 90 minutes
Continuous Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Continuous Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Mental Demands**

During the Plan Member's normal routine, what percentage of time does the job involve the following activities:

	Never	1-25%	26-50%	51-75%	76-100%
Supervision of others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tasks with time management pressures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tasks requiring significant attention to detail	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**5. POLICYHOLDER INFORMATION**

Policyholder's Name \_\_\_\_\_

Address \_\_\_\_\_ Postal Code | | | | | | | | | |

Telephone# | | | | | | | | | | Extension | | | | | |

E-mail \_\_\_\_\_

I certify the accuracy of the information above.

Authorized person's name \_\_\_\_\_

\_\_\_\_\_  
Signature Date | | | | | | | | | | Y M D

If Policyholder unable to provide information regarding Plan Member's work performance or job duties, please provide appropriate contact.

Name \_\_\_\_\_

Telephone # | | | | | | | | | | Extension | | | | | |

E-mail \_\_\_\_\_